

SUBJECT	Moving to Wellness	PE-7th Grade	PE-8th Grade		
Ideas students are learning	Students will learn about the positive and negatives of drugs.	Students will continue to spend time in Team Sports with an emphasis on skills, sportsmanship & teamwork.	Students will continue to spend time in Team Sports with an emphasis on skills, sportsmanship & teamwork.		
Skills	Students will learn new team games while incorporating skills, teamwork, and strategies for success.	Students will learn new games while incorporating skills, teamwork, and strategies for success.	Students will learn new games while incorporating skills, teamwork, and strategies for success.		
Work and assignments to look for		Students may be asked to participate and possibly keep a record of their aerobic activity before or after school.	Students may be asked to participate and possibly keep a record of their aerobic activity before or after school.		
Questions Parents Can Ask	Ask you student if she or he thinks that most drugs have negative and positive impact and why?	What are you doing in PE class that might improve your performance on the fitness assessment you participate in each year?	What are you doing in PE class that might improve your performance on the fitness assessment you participate in each year?		
Special Notes	This is a course that combines the concepts of both health and physical education.	All students are expected to dress appropriately for PE classes. Each school will have information on this.	All students are expected to dress appropriately for PE classes. Each school will have information on this.		