

# Promising Practices

Fort Worth After School – Fort Worth ISD

2008 – 2009



# Introduction

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Message from Fort Worth After School:

The "2008-2009 Promising Practices" book represents a collection of "good things" that are taking place in Fort Worth After School. Site Supervisors submitted these BEST practices throughout the course of the school year and summer. In this document you will find a variety of new programming ideas for all age groups. We hope you incorporate some of these activities into your programs and continue sharing your successes with us in the future.

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We would also like to thank Joe Breneman for his layout design, editing and putting this document together. This project would not have been possible without his hard work. We hope you enjoy this collection of practices. All efforts were made to include all Promising Practices submitted to Fort Worth After School.

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Promising

Practices

**Fall 2008**



## Academic Enrichment

### English/Language Arts

#### 1. Mad Libs Club

*Submitted by Greenbriar Elementary School*

The kids worked on their language skills and increased vocabulary by making and creating silly stories. It is a great activity to do.

#### 2. Newsletter

*Submitted by R. J. Wilson Elementary School*

Students had to come up with an idea for a newsletter. It was up to them to research, type, graph and create a finished piece using the resources that were available.

#### 3. Reader's Theater

*Submitted by Carter Park Elementary School*

Reader's Theater students learn to develop their reading skills at every level. Lower grade children learn phonics and phonemic awareness while upper grades perfect their diction and voice inflection.

*Submitted by Seminary Hills Park Elementary School*

In Reader's Theatre, the older students became the actors/readers and loved performing in front of the younger students, while the younger students couldn't wait for the actual performance. This benefited both the audience (K-2) and the actor/reader (3-5) and helped develop ELA skills.

#### 4. Poetry

*Submitted by Carter Park Elementary School*

This class allows students to express themselves by incorporating English, writing, self-discipline and public speaking skills.



## Academic Enrichment (con't)

### Math

#### 1. Math Bee

*Submitted by Glen Park Elementary, Sagamore Hill Elementary School*

Students enrolled in our FWAS Program participate in our Annual Math Bee. During the contest, the students recite their multiplication factors with the correct product.

#### 2. Math Can Take You Places

*Submitted by A. M. Pate Elementary, South Hi Mount Elementary, Western Hills Elementary, Maude I. Logan Elementary School*

The students practice their addition, subtraction, multiplication and division skills through a variety of learning games. Students enjoy this program and don't quite realize that they are doing math. Activities are varied, real life, and different from the classroom.

#### 3. Minute Math/Project Read

*Submitted by C. C. Moss Elementary School*

This class helped to create additional and engaging opportunities for academic support and learning. The activities were designed for students grouped by grade level. Students were encouraged to solve as many problems as they could within one minute. Worksheets were created by the staff. Flash cards were used to build sentences.

### Science

#### 1. Meteorology Research

*Submitted by East Handley Elementary School*

This class incorporated technology, science, writing, and higher-level thinking skills. Each student prepared a PowerPoint presentation about Precipitation.

#### 2. Science Enrichment

*Submitted by A. M. Pate Elementary, Alice Contreras Elementary, DeZavala Elementary, Glen Park Elementary, Sagamore Hill Elementary, Natha Howell Elementary School*

This class exposed students to a variety of hands-on science experiments from sources such as Steve Sprangler science experiments. The students really enjoyed this class and were eager to participate and learn new things.

#### 3. The Skeletal/ Muscular System

*Submitted by R. J. Wilson Elementary School*

Students enjoyed learning about the bones and muscles in their bodies. The study of the human body is linked to TEKS from 3rd – 5th grade.



## Academic Enrichment (con't)

### ***Social Studies***

#### **1. As the World Turns**

*Submitted by Meadowbrook Elementary School*

This class offers studies in Social Studies and Geography and exposes the students to a global and diverse set of cultures.

#### **2. Holidays**

*Submitted by Oakhurst Elementary School*

Students learned about how different people celebrate the holidays. For each holiday, students were able to participate in some holiday traditions and learned the importance of “giving.”

#### **3. National Geographic Magazine**

*Submitted by North Hi Mount Elementary School*

Students like to learn from the National Geographic Magazine and then play our Jeopardy game with the knowledge of the subject area they read about.

## Community Service

#### **1. Animal Control Club**

*Submitted by Dolores Huerta Elementary School*

This class taught the children how to care for their pet and about cruelty to animals. The children created and participated in a community service project of collecting food for dog shelters.

#### **2. Christmas Crafts**

*Submitted by Diamond Hill Elementary School*

This class made traditional and updated Christmas crafts that the students could give as presents to family. The students made dough ornaments, puzzle piece reindeer, and pine cone trees in pots.

#### **3. Family Tree**

*Submitted by DeZavala Elementary School*

The family tree project was good because it made the kids think about family, and they put a lot of effort into who they added to the tree. The projects they created turned out well, and the parents were impressed by the amount of effort and energy their students put into this project.



## Community Service (con't)

### 4. Going Green

*Submitted by Oakhurst Elementary School*

Students were able to learn about the many different ways to help the environment and conserve energy by making informative posters.

### 5. Lights-On Afterschool Celebration

*Submitted by Western Hills Primary School*

This celebration appealed to 100 percent of our children. The community also expressed interest. Teachers, parents, and FWISD staff took time to come and give feedback about the program.

### 6. Macys' Make a Wish Foundation

*Submitted by North Hi Mount Elementary School*

This was a great way to teach students about empathy and to let them see others that are not as fortunate as them. It also was a great way to serve the community. The students were only required to write one letter each, but they got so excited about this project that they wrote a total of 149 letters! The students showed great pride in their work.

### 7. Math/Fun-w-Food/Community Service-Holiday gifts for School Staff

*Submitted by Greenbriar Elementary School*

This class exposed the kids to math and nutrition through cooking. The students enjoyed the class so much that we decided to do Holiday Gifts for the school staff with the "goodies" we created.

### 8. Service Learning

*Submitted by South Hi Mount Elementary School*

We wanted to more actively involve FWAS in the school community and assist the school with recycling and collecting cans for our food drive. We had a record number of can goods collected that we used to assist two organizations.

### 9. Thank You Cards

*Submitted by Oaklawn Elementary School*

This was a Thanksgiving activity. We chose this one specifically because the students took pride in the letters that they wrote and made more of an effort than we have ever seen. Being able to choose who would receive the letters made the students even more willing to participate.



## Fine Arts

### *Arts and Crafts*

#### **1. Art/Crafts**

*Submitted by M. L. Phillips Elementary, V. L. Williams Elementary School*

Students loved this class as they had great rapport with the instructor. The students made a variety of crafts including jewelry, bookmarks, personal calendars, holiday items and much more. Students loved taking home their original creations.

#### **2. Art Gallery**

*Submitted by Lowery Road Elementary School*

For this event, students were given creative license to create any artwork they wished. When they finished, their art was matted, framed and displayed with title and artist plaques at our family Fine Arts/Cultural night. Our art and music teachers did a great job of collaborating with us for this event.

#### **3. Fuse Beads**

*Submitted by Sam Rosen Elementary School*

In this class, the students made magnets and coasters. This activity attracted all ages and genders which is rare for an activity with beads.

#### **4. Halloween Showcase**

*Submitted by Oakhurst Elementary School*

The students were able to help decorate and put together activities and art projects to show their parents and teachers. The kids worked together to setup displays and posters for the event. The parents were happy to see what the students had been doing and how creative they were.

#### **5. Homemade Clay**

*Submitted by Sam Rosen Elementary School*

All the students participated and asked to do similar activities. They liked that they could take the recipe and some clay home. Many said they were going to ask their parents to make more clay at home.

#### **6. Jewelry Making Class**

*Submitted by W. J. Turner Elementary School*

In this class, girls learned how to make all types of jewelry using beads, thread, wire, etc.



## Fine Arts (con't)

### 7. Lights - On Afterschool

*Submitted by Greenbriar Elementary School*

This class involved discussing the importance of the Lights-On program and painting real light bulbs for the program. As other children saw the painted light bulbs, it created great interest in the after school program.

### 8. Masks

*Submitted by East Handley Elementary School*

This activity combined cultural studies and art.

### 9. Paper-Mache Turkeys

*Submitted by Worth Heights Elementary School*

In our after school art class we try to include projects that aren't available to the kids during the regular school day. The turkeys were all made in the same general style, but the children used their creativity and created costumes for their turkey.

### 10. Rudolph Arts and Crafts

*Submitted by Hubbard Heights Elementary School*

In this class, the children got to trace their feet to use as the face of Rudolph the Red Nosed Reindeer. Children also got to trace their hands and use them as the antlers. They decorated their reindeers as they desired. Every child was engaged in the activity and excited to share their projects with their family and friends.

### 11. Thanksgiving Indian Tee-Pees

*Submitted by Sam Rosen Elementary School*

The students enjoyed making the "Tee-Pees" because they liked going outside to get part of their project material. They were creative in their decorating while staying with the Indian theme.

### 12. VFA (A Variety of Fine Arts)

*Submitted by Carroll Peak Elementary School*

This activity was selected because the instructor introduces the students to different Fine Arts (drama, skits, scrapbooking, plays, speeches, photography etc.).



## Fine Arts (con't)

### Performing Arts

#### 1. Dance

*Submitted by Carroll Peak Elementary, M. H. Moore Elementary, M. L. Phillips Elementary, Natha Howell Elementary, V. L. Williams Elementary, Western Hills Elementary, S. S. Dillow Elementary, DeZavala Elementary School*

Students love music and love to dance. Students learned precision dance moves to a variety of styles including step, ethnic, hip-hop, country and Disney songs. Hip-Hop was a favorite among many of the schools. These classes helped the students learn rhythm, coordination, cooperation, listening skills and teamwork. They loved every opportunity to perform! A good instructor that relates well with students is a must.

#### 2. Drama

*Submitted by Daggett Elementary, George C. Clarke Elementary, Glen Park Elementary, Luella Merrett Elementary, M. M. Walton Elementary School*

This class exposed students to acting, imagination and excitement. It gave students an opportunity to express themselves through skits, song, dance and speeches. They loved performing in front of their friends and family.

#### Shimmering Star Search

*Submitted by Worth Heights Elementary School*

Having our students put on a winter production has become sort of a tradition at our campus. It is something that parents, students and teachers look forward to.

#### 3. Music

- **African Drums**

*Submitted by Mitchell Boulevard Elementary School*

This was a new class added this year and was a great academic enrichment for cultural art. Besides showing them how to play the drums, the class taught them teamwork, history of the drum, and how it was and is still used in communicating with others.

- **Drumming**

*Submitted by Luella Merrett Elementary School*

Our children really enjoy this class. They look forward to it. It teaches them to follow directions through sequence, counting and rhythm.



## Fine Arts (con't)

- **Motown**

*Submitted by Van Zandt-Guinn Elementary School*

Children studied musical artists from the “Motown Era.” They downloaded music, looked up lyrics, researched dress and put together a great performance.

- **Piano Class**

*Submitted by Mitchell Boulevard Elementary School*

This class exposed students to the process of understanding how to play the electric keyboard piano. The students were exposed to ways of playing songs with the aid of musical options on the keyboards. They were also given instruction on hand placement on the keyboard.

- **Symphony**

*Submitted by Maude I. Logan Elementary School*

The complete orchestra played a performance of Peter and the Wolf. Before the program began, each instrument used in the performance was introduced and described.

## Games

1. **Chess Club**

*Submitted by Seminary Hills Park Elementary, V. L. Williams Elementary, W. J. Turner Elementary School*

The students in this club learned the game of chess in a very careful, methodical way. They not only learned the game “piece by piece,” but they also learned important vocabulary for chess playing. V. L. Williams’ Chess Club participated in many regional exhibition matches where they outperformed many of their counterparts. They played chess online and even participated in a game against an astronaut in space.

2. **Crossword Puzzles and Cardboard Puzzles**

*Submitted by Hubbard Heights Elementary School*

The puzzles challenged the children to use their eye and hand coordination skills and enhanced their cognitive skills

## Life Skills

### 1. Cooking and Nutrition

*Submitted by Alice Contreras Elementary, Dolores Huerta Elementary, East Handley Elementary, George C. Clarke Elementary, Kirkpatrick Elementary, M. H. Moore Elementary, Nash Elementary, S. S. Dillow Elementary, Washington Heights Elementary, Western Hills Primary School*

This class taught students how to prepare healthy snacks that they would be able to prepare by themselves at home as well. Students were exposed to other cultures and were able to experience ingredients and dishes they had not experienced before. This class reinforced basic math skills such as measurement and counting. Students also learned proper nutrition and how to make healthy food choices.

- **Nutrition Education**

*Submitted by Diamond Hill Elementary, Como Elementary School*

This class taught students about wise food choices and watching calorie intake/outtake. The students learned how to count calories and how many calories burned through activity. This program incorporated reading, writing and math skills.

- **Science Experiments with Delicious Results**

*Submitted by D. McRae Elementary School*

In this class students learned concepts about cooking, measuring, depth perception, and intrinsic motivation. Students gained experience in cooking, self motivation and math concepts, and they were able to benefit from their final product without instant gratification.

### 2. Health and Hygiene

*Submitted by Natha Howell Elementary School*

This class focused the students on the importance good healthy eating habits and proper hygiene.

### 3. Kids Café

*Submitted by C. C. Moss Elementary School*

This program alleviates and prevents children from going home or to bed hungry 4 days a week. We use this as an opportunity to reinforce table manners, healthy eating, and the food groups/pyramid with weekly short lessons before they eat. Students also learn the experience of sitting down with one another and eating a meal and sharing conversation. Parents are welcome as volunteers to assist in serving the meal. They enjoy sitting with the students and sharing the meal.

## Life Skills (con't)

### 4. Sewing

*Submitted by Western Hills Elementary, Sagamore Hill Elementary School*

The Sewing Class provided students the opportunity to learn stitching and hemming. At Western Hills, the students learned how to make anything from a coin purse to T-shirts on their own. Sagamore Hill students sewed their own “red vests” for their Winter Holiday Program.

## Physical Activity

### *Fitness*

#### 1. Martial Arts

*Submitted by Dolores Huerta Elementary School*

This class exposed children to structure, discipline, and respect. The children were eager to participate in this class and their parents appreciated what they learned.

#### 2. Pilates

*Submitted by D. McRae Elementary School*

The “Pilates” class was student driven. Students tried out various exercises and videos to figure out which types of physical activities they enjoyed doing. Students tried Pilates, yoga, dance, kick boxing, and boot camp. This exploration helped to build positive and healthy lifelong habits.

#### 3. Walking & Running Club

*Submitted by Oaklawn Elementary, South Hi Mount Elementary School*

This activity motivated the children to become more physically fit. We included a method of calculating the actual miles the children ran/walked around the school and rewarded them with “feet” for their necklace for every mile walked. The incentives really encouraged the students to run/walk more miles.

#### 4. Yoga

*Submitted by Carter Park Elementary School*

This class taught students yoga terminology and the benefits of basic yoga. Over a period of time, students benefited from increased flexibility and stress relief techniques.

## Physical Activity (con't)

### Games

#### 1. Four Square

*Submitted by Diamond Hill Elementary School*

The students loved to play dodge ball and constantly asked to play it. It was the only game many of the students wanted to play. Therefore we wanted to find an alternative playground game, Four Square, that was simple to learn, but could involve motor skills and physical activity. Initially, it was hard to get the students to participate. Then, quickly, an entire group of students lined up for their turn to play. It has become one of the students favorite games.

#### 2. Pac-Man Game

*Submitted by Hubbard Heights Elementary School*

This game allows the children to run around and use their gross and fine motor skills.

#### 3. Sports/Recreation

*Submitted by Carroll Peak Elementary, M. M. Walton Elementary, T. A. Sims Elementary School*

At M. M. Walton, students like this time because they get to participate with activities such as active games, sports and movies. At Carroll Peak, the students LOVE dodge ball. At T. A. Sims they enjoy soccer the most.

#### 4. Stackers

*Submitted by R. J. Wilson Elementary School*

While learning cup stackers, students also learned lessons on how to interact with each other in a responsible manner. They spent the first 15 minutes of each class discussing one of the 6 *Pillars of Character*. This class also had students use stretching and flexibility exercises while stacking.

#### 5. Three-Legged Race

*Submitted by Oaklawn Elementary School*

This activity was interactive and helped express and put into action the concept of teamwork. It was a fun and great learning experience for everyone involved.



## Physical Activity (con't)

### *Sports*

#### **1. Basketball**

*Submitted by Oaklawn Elementary School*

The children love sports. During this class, they learned the history of basketball and the fundamentals of the game. They also learned the importance of teamwork and cooperation.

#### **2. Sports Clubs**

*Submitted by Daggett Elementary, Meadowbrook Elementary, Kirkpatrick Elementary School*

This class focused on character development, team orientation, problem solving and conflict resolution by using a variety of sports and games where the students could practice these valuable skills.

#### **3. Soccer Class**

*Submitted by Mitchell Boulevard Elementary School*

This class appealed to the students, both girls and boys, and taught them teamwork and good sportsmanship. The team was successful last year in its competition and was able to advance to the championship round of play. This desire to win motivated the students to prepare for excellence.

#### **4. Volleyball**

*Submitted by Lowery Road Elementary School*

In this class, students were taught the rules and skills of the game. The game taught students how to work as a team and show good sportsmanship.



## Technology

### 1. Computer Lab

*Submitted by A. M. Pate Elementary, Carter Park Elementary, Como Elementary, Daggett Elementary, George C. Clarke Elementary, Kirkpatrick Elementary, Lowery Road Elementary, M. H. Moore Elementary, M. L. Phillips Elementary, M. M. Walton Elementary, Nash Elementary, Seminary Hills Park Elementary, T. A. Sims Elementary, W. J. Turner Elementary, Washington Heights Elementary School*

In this class, students learn to use the computer as a research tool, an entertainment vehicle and a homework assistant. They also learn computer skills such as keyboarding and web browsing. Several TAKS based assessments help student practice and prepare for grade-level appropriate tests. Other sites such as StudyIsland.com provide study practice as well. For many students, this class serves as their only chance to learn about and use computers.

### 2. LEGO Lab

*Submitted by Meadowbrook Elementary, Maude I. Logan Elementary School*

This class exposes the students to engineering, math and geometry skills. The students have a great time creating various projects.

## Youth Development

### 1. Cultural Awareness

*Submitted by Van Zandt-Guinn Elementary School*

During “Hispanic History Month” in September, the older children researched famous Hispanic families. Each one created a PowerPoint presentation on that family and presented it during Family Night that month. Children brought pictures of their families and replicated the photos using a variety of media. Art work was framed and displayed in the “Art Gallery” that evening. Each child talked about what made their family special.

### 2. Fun In Teams

*Submitted by Washington Heights Elementary School*

This class provided insight into the social skills of leadership and team membership as students assumed roles such as captains, coaches, officials, scorekeepers and managers.

### 3. Girls Circle

*Submitted by D. McRae Elementary School*

17“Girl Circle” is a class only for girls. The instruction is driven by the students; therefore the students’ buy-in is great. The girls determine what the focus will be. In the past, the girls have chosen to work on things like friendship, manners, and health. After spring break, we will focus on science by developing signature fragrances with a perfume lab.



## Youth Development (con't)

### 4. Good News Club

*Submitted by North Hi Mount Elementary School*

This class was full last year, and this year we had all but 6 of our 60 students attend. The students really like the teachers that come out and take interest in them. This class teaches great character lessons.

### 5. Poetry and Etiquette

*Submitted by C. C. Moss Elementary School*

The class allows students to express themselves through creative writing while teaching students about proper etiquette, attitude, appearance and actions.

### 6. Team Building

*Submitted by S. S. Dillow Elementary School*

Students learned to work together as a team to solve problems.

## Family Events

### 1. Exercise Extravaganza

*Submitted by Van Zandt-Guinn Elementary School*

This was a special event. Children were divided into groups and rotated through activities such as jump rope, aerobics, and basketball shoot while music played. The outside was decorated in a “fitness” theme. We had healthy snacks and water. Several parents and school staff participated and had a great time!

### 2. Pumpkin Gallery Night-October Family Event

*Submitted by Worth Heights Elementary School*

We wanted to create a family event that really got the parents involved more than just coming to the school to hang out with their children. So we created a family project and showcased it as the feature attraction of our family night. Several students brought more than just their mom and dad. They brought grandparents and other relatives to see the pumpkins that they had made.



## Incentives

### 1. Incentive plan

*Submitted by R. J. Wilson Elementary School*

The incentive plan seems to be working well. Everyday a student from each color group receives a certificate and is allowed to pick from a treasure chest. FWAS staff keeps up with this by checking it off on a chart. In a 4 week time period, every student receives one award. Also, every 6 weeks students receive a note of encouragement from their teacher. We are also starting to reward citizenship grades of E with a ribbon that says AWESOME. At the end of the semester, we counted up all the certificates each student received and they received the same amount of raffle tickets. A variety of prizes were available for them to pick from.



## Academic Enrichment

### 1. Around the World

*Submitted by Morningside Middle, Riverside Middle School*

This was a cross-cultural class that utilized guest speakers either from other countries or that had visited other countries. The class exposed students to new people, new cultures and new foods. Each volunteer brought food from their home country.

### 2. Movie Trivia

*Submitted by J. P. Elder Middle School*

In this class, the students are required to watch a movie and take a quiz at certain intervals. This class helps to build critical thinking skills as well as comprehension and discussion skills.

## Community Service

### Recycling Club

*Submitted by Rosemont Middle School*

This club has helped our whole school in the efforts of going green. Students are more aware of taking care of our Earth. These kids worked really hard and are eager to participate, and they help educate others about recycling.

## Fine Arts

### ***Arts and Crafts***

#### **1. Creative Arts and Crafts**

*Submitted by Daggett Middle, Stripling Middle School*

This class drew a lot of students and allowed them to make and take all sorts of neat items such as bracelets, key chains, ornaments and lanyards. Students could really use their own creativity to design each craft to their liking.

#### **2. Pottery Class**

*Submitted by J. P. Elder Middle School*

The students love the creativity of this class. The class can accommodate any skill level, and everyone feels equal. The students create wonderful works and really support each other.

#### **3. Scrapbooking**

*Submitted by Leonard 6<sup>th</sup> Grade Center*

This was a new class that afforded the students an opportunity to cultivate their own creativity and produce personal scrapbooks and projects for holidays. This class appealed to the young ladies on our campus.

### ***Performing Arts***

#### **1. Line Dances**

*Submitted by Rosemont 6<sup>th</sup> Grade Center*

In this class, the students learned different types of line dances. The class also taught them teamwork and gave them a change to just dance. The class started with primarily girls but soon some boys began to attend. Everyone looked forward to it.

#### **2. Step**

*Submitted by Wedgwood 6<sup>th</sup> Grade, Handley Middle, Meadowbrook Middle School*

Step was a very popular activity among the students. The students loved being a part of something that they see on TV. They were able to make up their own routines while in this class. It was also an activity they could continue to do when they went to high school.

#### **3. Rap 101**

*Submitted by Wedgwood Middle School*

This class offered an opportunity for participants to express themselves, learn about rhythm and discuss popular aspects of music.



## Games

### 1. Chess/Games

*Submitted by McLean Middle School*

This class gives students that aren't interested in sports an opportunity to participate in other fun activities. Students learn about strategy and sportsmanship while participating in chess and other games.

### 2. Game Club

*Submitted by Rosemont Middle School*

The class had great attendance. Students were engaged and had lots of fun playing a variety of games. It also helped parents who needed to drop off students early.

### 3. Wii/PS2/Games

*Submitted by Dunbar Middle School*

Students get a kick out of the competitiveness playing as individuals or as teams. The virtual experience and interaction is also appealing.



## Life Skills

### 1. Cooking

*Submitted by Riverside Middle, Leonard 6<sup>th</sup> Grade, Glencrest 6<sup>th</sup> Grade, Wedgwood 6<sup>th</sup> Grade, J. P. Elder Middle, Wedgwood Middle, Handley Middle School*

Learning to cook fosters independence and encourages helping at home. Students have an opportunity to learn about nutrition and important aspects of healthy living for life. And they love to eat the samples!

### 2. Etiquette

*Submitted by Dunbar Middle School*

This class exposed students to a variety of courtesies and the proper way to eat various kinds of foods. Besides allowing students to eat the food, they were able to use these new skills at home and other places.

### 3. Sewing

*Submitted by Wedgwood 6<sup>th</sup> Grade*

Students were able to learn to sew which is a life skill and an employment skill. Also, having a chance to take home their own creation is exciting for the students.

### 4. Woodworking

*Submitted by Stripling Middle School*

In this class, the students design and build all sorts of items such as birdhouses, tables, shelves and even a boat. Students use various academic skills to help with design and measurement and also have great fun in the construction of their projects.



## Physical Activity

### ***Fitness***

#### **1. 300**

*Submitted by Morningside Middle School*

“300” is a workout class that utilizes a toned down version of the workout used by the cast of the movie *300*. It is a boy’s only class designed to get students in shape while teaching them discipline and hard work. It has boosted our boys’ confidence and motivation levels.

#### **2. Cheerleading**

*Submitted by Glencrest 6<sup>th</sup> Grade*

This was one of the largest classes for girls. It was another motivator for students to maintain good conduct. They learned structure, form, posture and cheers.

#### **3. Fitness**

*Submitted by Dunbar Middle School*

This class appeals to a great number of students (boys/girls), and it teaches them teamwork, physical fitness and sportsmanship.

#### **4. Weight Lifting**

*Submitted by Riverside Middle School*

This was a new class added this year to help promote fitness and the importance of working out. Students learned from the instructors how to properly work out.

## Physical Activity (con't)

### Sports

#### 1. Basketball

*Submitted by Glencrest 6<sup>th</sup> Grade, McLean Middle School*

This class gave students an opportunity to become more active and play on teams for fun. They learned drill, skills, and the importance of teamwork.

#### 2. Soccer

*Submitted by Daggett Middle, Forest Oak Middle, McLean Middle, Meadowbrook Middle, Rosemont Middle, William James Middle, Kirkpatrick Middle School*

Both boys and girls were interested in soccer. Because of the location of the school and ethnic makeup of the community, students saw soccer as a way to connect their cultural experiences to the school. Students learned about teamwork and sportsmanship and it kept students active.

#### 3. Sports Club

*Submitted by Dunbar 6<sup>th</sup> Grade, Rosemont 6<sup>th</sup> Grade Center*

The class allowed the students to play a variety of sports that the school does not offer. The interaction and sense of competition was great, and the students learned team work and good sportsmanship. At Dunbar, it gave students an opportunity to help handicapped students participate.

## Technology

#### 1. Broadcasting / Build Your Own Computer

*Submitted by Dunbar 6<sup>th</sup> Grade*

Students were excited about re-building a computer and being able to take it home when they had put it back together.

#### 2. Computer Applications

*Submitted by Daggett Middle, Forest Oak Middle, Rosemont 6<sup>th</sup> Grade, William James Middle School*

Most of the students in the school do not have a computer at home. Students have an opportunity to go to the computer lab to complete homework, do research for projects, make power point presentations, submit articles for the FWAS monthly newsletter, play games or just surf the net. It has also helped to build keyboarding skills.

#### 3. Flight Simulator

*Submitted by Meadowbrook Middle School*

This class has 18 – 20 students a day. They learn how to fly and land an airplane. It is a fun enrichment activity that builds the students math and physics abilities.



## Youth Development

### 1. Kings In Training

*Submitted by Kirkpatrick Middle School*

This a character development program for young men. They enjoy the team building as well as the recreation and friendly competition.

### 2. No Boys Allowed

*Submitted by Morningside Middle School*

This class is for girls only and focuses on being a safe place where girls can talk through girl issues and enjoy activities just for them. Guest speakers are utilized including nurses, beauticians, Mary Kay reps and more. It is an outlet for girls to get answers and help where it might not otherwise be found.

### 3. Queens in Training

*Submitted by Kirkpatrick Middle School*

This is an opportunity for young ladies to be themselves in an atmosphere of girls only.

### 4. Sister to Sister

*Submitted by Stripling Middle School*

This class is successful because the teacher has an honest passion to help the girls who come. She offers a variety of activities in the class such as journal writing, craft-making, cosmetics/hygiene, scrapbooking, and discussions that relate to their lives.

### 5. Sisters With Virtue

*Submitted by William James Middle School*

The girls in this class got an opportunity to truly help themselves and each other. They participated in weekly sessions that included issues such as self-esteem, health and nutrition and community. They were involved in canned food drives, toy drives for children at a local hospital, as well as “evenings on the town.”

### 6. Thanksgiving Dinner

*Submitted by Wedgwood Middle School*

This was a successful event at Thanksgiving that gave staff the opportunity to discuss etiquette, tradition, and manners with the students. It was well attended, and the kids enjoyed the “out of the ordinary” experience.

### 7. Women of Virtue

*Submitted by Dunbar 6<sup>th</sup> Grade*

In this class the young ladies are taught how to be polite, mannerly, honest, smart, respected, responsible and overall good students.



## Youth Development (con't)

### 8. Young MOD

*Submitted by Leonard 6<sup>th</sup> Grade Center*

This class provided an opportunity for students to be involved in peer relations/trust building with staff members. It served as a great forum for the young men to speak candidly and learn important skills such as tying ties, proper etiquette and positive decision-making skills. This class helped supplement the efforts of the campus and district's Character Education program.



## Academic Enrichment

### 1. **Book Lovers' Anonymous**

*Submitted by Carter-Riverside High School*

This class incorporated reading enrichment in the after school program. It had great interest and was well attended.

### 2. **Book Club**

*Submitted by Trimble Tech High School*

This class was created due to the students' interest in the book *Twilight*. It was one of the highest attended classes.

### 3. **Cafeteria Center, Homework Help, Movie Central**

*Submitted by Diamond Hill High School*

Students on our campus have few positive places to be before and after school. This activity serves a large part of our student body through choice activities. Teacher/tutors are available daily to provide academic assistance. Social activities are provided for peer interaction in a positive, supportive and structured environment. Students are more likely to 'hang out' here with something to do than be involved in activities which could lead to undesirable behaviors due to lack of structure.

### 4. **Japanese Class**

*Submitted by Diamond Hill High School*

Our students have limited exposure to cultures outside their social group, and they asked for this club. We have a staff member who is willing and able to provide a Japanese culture and language class.

### 5. **Open Library**

*Submitted by Polytechnic High School*

We have a large population of students who do not have access to computers nor to a library. Opening our library to our students after school and also offering homework help in the same location has allowed us to offer our students the tools they need to be successful at school.

### 6. **Political Awareness**

*Submitted by Trimble Tech High School*

The election year provided the perfect opportunity for students to explore candidates and political issues and to debate their beliefs and hear the counter arguments.

### 7. **Study Hall**

*Submitted by Trimble Tech High School*

Students didn't have enough time to complete their homework when they got home in the evenings so this provided the time they needed to do so.



## Academic Enrichment (con't)

### 8. Science (S.E.P.)

*Submitted by Eastern Hills High School*

The students LOVE the experiments and the teachers are extremely dedicated. They are able to perform all of the “wild” experiments they can’t perform in class and the student to teacher ratio allows for more attention from the teachers.

### 9. Math TAKS Computer Lab

*Submitted by Carter-Riverside High School*

This class helped to meet the academic needs of our students and to find a unique approach to after school program tutoring in the high school setting. This activity was also a great example of school/FWAS collaboration as well as community participation/support (incentive donations).

## Fine Arts

### 1. Anime Class

*Submitted by North Side High School*

This was a new class this semester. A group of students got together and proposed this class and found a teacher to sponsor it. The class was well attended and had some great creations.

### 2. Computer Art

*Submitted by South Hills High School*

This class allowed the students freedom to explore the world of digital art media from introductory cartoon drawing to advanced digital image manipulation.

### 3. Crafting

*Submitted by Eastern Hills High School*

The crafting class introduced students to a variety of crafts that they were not able to do during their art classes. Although the attendance numbers were not large, the students that came were consistent and had the ability to produce really nice projects!

### 4. Graffiti Art

*Submitted by South Hills High School*

Students were able to develop knowledge and skill of the processes and techniques of painting a mural. Students worked together to produce a single mural or several related murals.

### 5. Dance

*Submitted by Polytechnic High School*

This class was started because students would gather and dance together after school. Our dance group at Polytechnic HS incorporates different types of dance from step to break dancing.



## Life Skills

### 1. Cooking Class/Pastry Chefs

*Submitted by International Newcomer Academy, North Side High School*

Students practice math skills and see science in action as they follow recipes to prepare different kinds of food and special pastries.

### 2. Cosmetology Class

*Submitted by Eastern Hills High School*

This class introduced students to all aspects of cosmetology. This allowed them to see that there are other job possibilities under the umbrella of cosmetology than a salon stylist. They loved the class!

### 3. Photography

*Submitted by Diamond Hill High School*

Students engaged in activities through photography they wouldn't normally be participants in. For example, our photographers were involved in athletics, yearbook activities, and website contributions. Even our parenting students participated. This allowed participation for all levels and provided varied learning opportunities.

### 4. Spirit Club

*Submitted by South Hills High School*

This class focused on creating spirit items for SHHS. Everything made during club hours was able to be worn during school.

## Physical Activity

### 1. Open Weight Room

*Submitted by Carter-Riverside High, Polytechnic High School*

This activity appeals to all students, not just those in athletics. At Carter-Riverside, the activity also promotes physical fitness and a mentoring element when the middle school students from a neighboring campus are present.

### 2. Soccer

*Submitted by International Newcomer Academy*

Our school does not have sports teams. Students are here for a year or two to learn English before they transition into their neighborhood schools. Therefore, they are eager for a chance to play a sport after school. Many played soccer in their home countries.



## Technology

### Computers

*Submitted by International Newcomer Academy*

Most of our students do not have computers at home. They love the opportunity to use the Internet to look up subjects of interest to them.



Promising

Practices

Spring 2009



## Academic Enrichment

### General

#### 1. Classroom Jeopardy

*Submitted by R. J. Wilson Elementary School*

This is a fun and educational game that the students truly enjoy. I was able to make my own games to review what they were learning in class.

#### 2. Homework Help

*Submitted by DeZavala Elementary, R. J. Wilson Elementary, Seminary Hills Park Elementary School*

This class allows students to complete their homework or ask for help before going home.

### English/Language Arts

#### 1. Poetry

*Submitted by I. M. Terrell Elementary School*

The genre of poetry was explored in depth including creating original works that were presented at the 4<sup>th</sup> Annual “Poetry Slam” sponsored by the “Thank You Darlin’ Foundation.” Emphasis was also placed on writing conventions.

#### 2. Making A Book

*Submitted by Hubbard Heights Elementary School*

The students wanted to learn different Spanish words, so they made a book of various Spanish words and colored it.

#### 3. TCU French Class

*Submitted by Seminary Hills Park Elementary School*

A TCU French professor and I collaborated, and she was able to bring TCU students to teach the students the language and culture of France.

### Math

#### 1. Math Bee

*Submitted by Natha Howell Elementary School*

Students enrolled in our FWAS Program participated in our Annual Math Bee. They recited their multiplication factors with the correct product.

#### 2. Math Can Take You Places

*Submitted by Glen Park Elementary, South Hi Mount Elementary School*

The students practiced their multiplication, division, measurement, reasonableness and problem solving skills.

#### 3. Math Club

*Submitted by A. M. Pate Elementary School*

This class challenged students in using critical thinking, logical thinking, problem solving and team building skills.



### Academic Enrichment (con't)

#### Science

##### 1. Science Enrichment

*Submitted by George C. Clarke Elementary, Maude I. Logan Elementary, Natha Howell Elementary, Rufino Mendoza Elementary, Washington Heights Elementary, Western Hills Elementary School.*

This class exposed students to a variety of hands-on science experiments each month. This class provided opportunities for students to develop understanding and skills necessary to function productively as problem-solvers in a scientific and technological world. George C. Clarke and Maude I. Logan Elementary School students displayed their projects at their school's science fair.

##### 2. Fort Worth Museum of Science & History

*Submitted by Lowery Road Elementary School*

All 5<sup>th</sup> grade students must take the Science TAKS test. The museum exposed students in grades 3-5 to a fun and engaging science related activity in a non-stressful environment which hopefully created an interest in a subject they might otherwise have shunned.

#### Social Studies

##### 1. Around The World/ As the World Turns

*Submitted by Sam Rosen Elementary, Meadowbrook Elementary School*

There was great student participation while learning about different cultures and world history (Africa, China, Australia, etc...). They also enjoyed the art activities surrounding the lessons (making tribal masks, boomerangs, etc...).

##### 2. Map of Greece/ Olympic Relay

*Submitted by Oakhurst Elementary School*

In this class, we learned about Greece, the geographical area and their people. We also learned all about the Olympics.

##### 3. Passports

*Submitted by Hubbard Heights Elementary School*

The students wanted to learn about the world. This was a way to introduce students to places they had not studied during their daily school lessons.

##### 4. Trip Around the World Egypt, Mexico, and Texas

*Submitted by Oaklawn Elementary School*

Students were more interested in these sections of the lesson. Mexico and Texas were the most exciting aspects of the lesson plan because students learned about their heritage, in some cases, and their home where they now reside. They were excited to share what they already knew about these locations and eager to learn more.



### Community Service

#### 1. Community Service Projects

*Submitted by Western Hills Primary School*

The school gave our children the project of cleaning all the chairs in the cafeteria, and the students thoroughly enjoyed doing the work. The students wanted to make their school clean and neat. They also recycled their cartons of milk and bottles of water.

#### 2. Graffiti Abatement

*Submitted by A. M. Pate Elementary, Como Elementary, DeZavala Elementary, Oaklawn Elementary School*

Kids learned the consequences of being caught painting graffiti, learned how graffiti affects everyone, and the difference between Art and Graffiti.

#### 3. Pennies for Pets

*Submitted by East Handley Elementary, North Hi Mount Elementary School*

Through a vote, students chose Fort Worth Animal Care and Control Center as their community service project, which was kicked off right before winter holiday. Throughout the semester, students researched, made public announcements, listened to speakers, and became aware of the needs of pets.

#### 4. Recycle Art Project

*Submitted by A. M. Pate Elementary, Western Hills Primary School*

All of the students participated in learning about recycling and creating a recycled art project. The children thought it was great fun for them to use items brought from home to make their art project

#### 5. Service Learning

*Submitted by South Hi Mount Elementary School*

The children took on active ownership of their school and surroundings by recycling, helping with the canned food drive, assisting the PTA with various chores, cleaning school grounds, clearing the gardens, and much more.

#### 6. Spring Fling Family Night

*Submitted by Worth Heights Elementary School*

At our final family night we offered a variety of activities for our families. We had a talent show and a student vs. teacher basketball game. The students painted flower pots and planted flowers with their families. Everyone enjoyed the refreshments.



### Fine Arts

#### ***Arts and Crafts***

##### **1. Art Show**

*Submitted by North Hi Mount Elementary School*

Students were able to create and frame a piece of art work to display in our school. This helped promote our program and Fine Arts.

##### **2. Crafts**

*Submitted by R. J. Wilson Elementary School*

The students enjoyed the hands on activities and were willing to try new things.

##### **3. Treat Baskets**

*Submitted by Sam Rosen Elementary School*

The students made and decorated baskets out of model magic as Valentine's Day gifts for their parents. We filled them with conversation heart candies before they took them home.

##### **4. Hands on Art**

*Submitted by Washington Heights Elementary School*

This class gave students a window onto the rich and interesting world around them, teaching them about their own history and culture as well as those of other people.

##### **5. Scrapbooking and Paper Crafts**

*Submitted by Worth Heights Elementary, Diamond Hill Elementary School*

This class was something totally different for the kids to do! It was creative and appealed to boys and girls as well as several age groups.

##### **6. STC Yearbook**

*Submitted by W. J. Turner Elementary School*

This class gave students in the afterschool program the opportunity to help make memories by creating a yearbook. The students were excited about the finished product as it gave them a way to keep the memories of STC.

##### **7. Still Life in Water Colors**

*Submitted by East Handley Elementary School*

This activity requires students to look at everyday objects in a different way, paying special attention to small details. We felt that this activity would help students sharpen their test taking skills before and during TAKS.

##### **8. VFA (A Variety of Fine Arts)**

*Submitted by Carroll Peak Elementary School*

This activity was selected because the instructor introduced the students to different Fine Arts (drama, skits, scrapbooking, plays, speeches, photography etc.).



### Fine Arts (con't)

#### *Performing Arts*

##### 1. Dance

- **Ballet Folklorico**

*Submitted by D. McRae Elementary School*

Our Ballet Folklorico class continues to be one of the favorites among students. The class was designed to focus on basic dance and ballet movements. Students explored and applied dance movements in order to enhance individual growth and group cohesiveness through non-threatening, non-technical, and playful experiences. Students learned and performed short dances to the student body and the community several times throughout the year.

- **Dance**

*Submitted by Carroll Peak Elementary School*

Dance is a creative class where the students are introduced to a variety of ethnic and dramatic dances. The students performed at Star Idol and the end of the year program.

- **Dance Club**

*Submitted by V. L. Williams Elementary School*

This activity was selected because it is always a favorite with both male and female students. The dance club grows in popularity every year due to the enthusiasm of the instructors. The team performs at many different activities and venues each year.

- **Performing Arts**

*Submitted by Worth Heights Elementary School*

The Disney Channel, and other kid focused channels have many programs that showcase characters that sing-dance-act and are really popular with the students in our program. The students chose 2 songs, made their own costumes and created their own dances based on these characters.

- **Poetry**

*Submitted by C. C. Moss Elementary School*

Poetry (Hip-hop) Hip is the dominant language of our youth culture. It gives us a great opportunity to incorporate media literacy, critical thinking and cultural studies. Hip has the elements of spoken poetry, visual art, deejaying, fashion, math and dance. It builds bridges that encourage academic skills.



## Fine Arts (con't)

- **Praise Team**

*Submitted by Westcreek Elementary School*

The instructor collaborated with the students and the FWAS program to provide instruction that was based on the foundations of dance and how dance and music raises the bar for academic areas such as math, reading and social studies.

- **Step Class & Star Idol**

*Submitted by Greenbriar Elementary School*

Children love to step dance. They asked for this class. They were eager to practice and prepare their dance routine for Star Idol.

## 2. Music

- **African Drums**

*Submitted by Mitchell Boulevard Elementary School*

This was a new class added this year and was a great academic enrichment for cultural art. Besides showing students how to play the drums, the class taught them teamwork, history of the drum and how it was and is used in communicating with others.

- **Choir**

*Submitted by I. M. Terrell Elementary School*

Students were provided with an opportunity to explore fine arts in depth. They learned first hand the commitment and dedication required to prepare for performances and they were exposed to various genres. Local and national artists provided encouragement, information, and stressed the importance of education and the need to be prepared for future opportunities.

- **FW Symphony Concert**

*Submitted by Maude I. Logan Elementary School*

The FWAS Symphony orchestra performed their rendition of Peter and the Wolf for our after school students and parents. The students and parents enjoyed listening to the music and the narrated story of Peter and The Wolf.

- **Piano Class**

*Submitted by Mitchell Boulevard Elementary School*

This class exposed students to a process of understanding how to play the electric keyboard piano. The students learned ways of playing songs with the aid of musical options on the keyboards. They were also given instruction on hand placement on the keyboard.



## Fine Arts (con't)

- **The Beat Makers**

*Submitted by Westcreek Elementary School*

This class exposed the students to different cultures and various drumming techniques using different types of drums and allowing each student to express themselves.

- **Talent Show**

*Submitted by North Hi Mount Elementary School*

This class was created to encourage students to show their talents. We like to have all students do something so they can overcome being shy and take steps outside their comfort zone.

## Games

1. **Chess Club**

*Submitted by V. L. Williams Elementary School*

Our Chess Club took part in many exciting activities this year. They participated in many regional exhibition matches where they outperformed many of their counterparts. They played chess online and even participated in a game against an astronaut in space.

2. **Chess games for Parents/Students**

*Submitted by C. C. Moss Elementary School*

Research inspired us to do this activity. The game produces academic, cognitive, psychological and social skills. The parents enjoyed playing with their children.

3. **Cup Stacking Competition & Tournament**

*Submitted by Lowery Road Elementary School*

Cup stacking teaches students hand-eye coordination, composure under pressure, discipline, and teamwork. Students looked forward to competing against their peers in other FWAS program schools.

### Life Skills

#### 1. Cooking and Nutrition

*Submitted by DeZavala Elementary, Diamond Hill Elementary, Dolores Huerta Elementary, Glen Park Elementary, Kirkpatrick Elementary, Nash Elementary School*

The class exposed students to a variety of ethnic foods and information on nutrition. The class not only allowed them to eat the finished product, but they were also able to serve each other and learn to use manners.

- **Empower Me**

*Submitted By Luella Merrett Elementary, M. H. Moore Elementary, Western Hills Primary School*

The children enjoyed this class because they learned about nutrition and health, and, most of all, they were taught and allowed to make healthy and nutritional snacks for themselves.

- **Recipes for Kids**

*Submitted by Sam Rosen Elementary School*

The students love any activity where they can eat! These short recipes teach them about measurements and teamwork. They must write out recipes before the measuring and cooking begins. They have to work together to do each recipe before the eating begins.

- **Health**

*Submitted by Nash Elementary School*

The students enjoy learning about themselves. Some of the math games we play consist of body measurements and what and how much to consume when eating.

- **Nutrition**

*Submitted by Daggett Elementary, George C. Clarke Elementary, Natha Howell Elementary, Sagamore Hill Elementary School*

The students are taught the importance of healthy and nutritious foods. They are excited about creating healthy snacks and recipes to take home.

#### 2. Sewing Class

*Submitted by V. L. Williams Elementary, Kirkpatrick Elementary, Sagamore Hill Elementary School*

The students like to be creative and like to learn to sew, stitch and hem. The students are excited to create many different items with their own hands.



## Physical Activity

### ***Fitness***

#### **1. Fitness First (Running/walking)/Walking Club**

*Submitted by South Hi Mount Elementary, Seminary Hills Park Elementary School*

This class showed the importance of promoting cardiovascular fitness, and, for the most part, the children were eager to join in. The incentives of earning “feet” for their necklaces for miles walked made the activity much more fun and competitive.

#### **2. Karate**

*Submitted by Daggett Elementary School*

First, Second, and Third graders look forward to this class each week.

#### **3. Pogo Stick Class**

*Submitted by Carter Park Elementary School*

Students were exposed to activities on the pogo stick which they had not previously participated in.

#### **4. Rollerblading**

*Submitted by Lowery Road Elementary School*

Students aren't as active (indoors and outdoors) as they should be. Rollerblading is a great physical and fun activity for everyone to enjoy. It also helps with balance and other physical challenges.

#### **5. Wellness**

*Submitted by D. McRae Elementary School*

The Wellness class has been a great deal of fun for both the students and teacher. They have worked together to modify the program to meet the needs of everyone involved. The students have had the opportunity to discover that being healthy and exercising can be enjoyable. In addition to this, the students have realized that they can incorporate exercise into their everyday life. For example, instead of just listening to music, they can move with it. Additionally, as a replacement to merely watching television, they have learned simple exercises they can do while they watch. They have found out that exercise can be easily implemented into just about all aspects of their lives.

#### **6. Yoga**

*Submitted by Carter Park Elementary, W. J. Turner Elementary School*

This class taught students yoga terminology and the benefits of basic yoga. Over a period of time, students benefited from increased flexibility and stress relief techniques. This class was a great benefit around TAKS time to help the students relax.



### Physical Activity (con't)

#### **Sports**

##### **1. Girls Softball**

*Submitted by Mitchell Boulevard Elementary School*

This class appealed to the students (girls) and taught them teamwork and good sportsmanship. The team was successful last year in the competition and was able to advance to the championship round of play. This desire to win has motivated them to prepare for excellence. It gives us the opportunity to be diverse in respect to gender.

##### **2. Hockey**

*Submitted by Western Hills Elementary School*

This is the first time this class has been offered. Hockey class has helped students develop and improve their critical thinking skills as well as learning how to work as a team to reach a common goal.

##### **3. Kick Ball**

*Submitted by East Handley Elementary School*

Students needed some fun and a physical outlet during TAKS preparation and testing. They also practiced following rules and participated in teamwork building.

##### **4. Meadowbrook Athletic Classes**

*Submitted by Meadowbrook Elementary School*

This class used sports as a means of helping students learn valuable skills in the areas of character development, team orientation, problem solving and conflict resolution.

##### **5. Outdoor Sports**

*Submitted by D. McRae Elementary, Carroll Peak Elementary School*

Outdoor sports is a time when our students get the opportunity to participate in organized sports and then use those skills on the field in our afterschool sports program. The students learn team work, social skills, structure and leadership and take part in physical activity. The students enjoy coming to this class because it gives them an opportunity to play sports that they may not otherwise be able to play. They enjoy the friendships they make outside of the regular school day. We try to make them understand that their teammates are their family, and they should take care of each other. It gives them a sense of school pride on and off the field as well.

##### **6. Soccer**

*Submitted By W. J. Turner Elementary, Rufino Mendoza Elementary School*

This is a great activity for the students both physically and developmentally as the students learn good sportsmanship and teamwork. This activity is great for this group of students as it is an important part of their culture.



### Physical Activity (con't)

#### 7. End of the Year Soccer Tournament

*Submitted by Oaklawn Elementary School*

The students really enjoyed the game. They all participated, and it allowed them the freedom to run around outdoors and do something that they excel in and enjoy. Each group was separated by grade and played a single game while the others watched and cheered them on. The winners received a medal as their prize.

### Technology

#### 1. Boat Regatta

*Submitted by Greenbriar Elementary, Alice Contreras Elementary, Westcreek Elementary School*

The kids had a great time working on building their boat and couldn't wait to sail it. This was a great enrichment class as the students had to use both math and science concepts to complete their project.

#### 2. Computer Lab

*Submitted by Dolores Huerta Elementary, Van Zandt-Guinn Elementary, M. L. Phillips Elementary School*

This class exposed students to the world of computing as many of our students do not have a computer at home. They learned about the keyboard and some typing skills. The class offered an opportunity for students to play enrichment games, do research, and even complete school projects.

#### 3. LEGO Contest- NAWIC

*Submitted by Maude I. Logan Elementary School*

The FWAS staff believed that Logan would be a great place to host the Lego NAWIC program after school. This program was provided by the National Women in Construction where professionals in their field come and talk to our students about their job in construction and the many opportunities available for students.

#### 4. LEGO Lab/Robotics Using LEGOs

*Submitted by Meadowbrook Elementary, Van Zandt-Guinn Elementary, Western Hills Elementary School*

This class gives the students a chance to work on a variety of hands-on projects including robotics. Students build different projects out of LEGOs and when assembled, they are able to use the internet to program specific commands for their projects.

#### 5. Rocket Making/Launch

*Submitted by Diamond Hill Elementary School*

This class helped increase attention to science. It also appealed to several age groups. The students enjoyed building their rockets and launching them. They are already asking that we have this class again next year.



## Youth Development

### 1. Etiquette

*Submitted by C. C. Moss Elementary School*

This was an entertaining yet educational class that instructed and equipped the students with knowledge, skill and confidence in manners and etiquette. The skills they learned will contribute to their lifetime success.

### Etiquette Class

*Submitted by I. M. Terrell Elementary School*

Fifth grade girls learned table etiquette, poise, fashion, and self confidence provided by TeCo Theatricals.

### 3. Friendship Bracelets

*Submitted by Hubbard Heights Elementary School*

This class gave students an opportunity to discover what friendship is all about. Each student made bracelets and gave them to a true friend.

### 4. Fun In Teams

*Submitted By Washington Heights Elementary School*

This class offered students different activities which took place both indoors and out. The activities incorporated problem solving and role playing and helped the students learn cooperation and teamwork.



### Academic Enrichment

#### 1. Future Film Critiques of America/Movie Trivia

*Submitted by McLean 6<sup>th</sup> Grade, J. P. Elder Middle School*

This class allowed students to view, analyze and critique various movies of different genres. The students then had open discussions on what they liked/disliked about the movie and listened to their peers viewpoints. At JP Elder, serving snacks during the movie was an extra incentive for the students to attend.

#### 2. Potpourri

*Submitted by Monnig Middle School*

It was a well-rounded class that kept their interest because the activities were always different and they never knew what to expect.

#### 3. Science Club

*Submitted by Riverside Middle School*

Students enjoyed this science enrichment class as they discussed numerous scientific topics. They held various discussions, listened to guest speakers and watched videos about different science topics.

#### 4. TAKS Tutoring

*Submitted by Kirkpatrick Middle, Forest Oak Middle School*

We had targeted TAKS tutoring for reading and math. This activity took place from January to April in preparation for TAKS.

#### 5. Zooniversity

*Submitted by Meacham Middle School*

I never saw our students pay attention as well as they did during this show. Ms. Blankenship does a great job. Our students were alert, well-behaved, and VERY interested in learning about the animals she brought.

## Fine Arts

### ***Arts and Crafts***

#### **1. Creative Crafts**

*Submitted by Stripling Middle School*

This class drew a lot of students and allowed them to make and take home all sorts of neat items such as bracelets, key chains, ornaments and lanyards. Students could really use their own creativity to design each craft to their liking.

#### **2. Placemats/Drawing**

*Submitted by Wedgwood Middle School*

Middle school students did art and placemats for the AIK luncheon. Art was drawn and then featured on laminated placemats. The students' art and creativity was on display at this large function.

### ***Performing Arts***

#### **1. Lights, Camera, Action**

*Submitted by Morningside Middle School*

This was a drama class we did for two different 4 week periods. We had a large number of students sign up both times. It was very successful in that it was a place for creativity and energy to be used positively instead of negatively. The students participated in our Valentine showcase event and Star Idol.

#### **2. Keyboards/Drums**

*Submitted by Meacham Middle School*

This class helped bring back former Overtime students that had stopped attending around the middle of the year. It was also the first successful music class we had all year. Several of the students were able to perform pieces they learned during the class in the "Overtime End-of-the-Year Extravaganza."

#### **3. Line Dances**

*Submitted by Rosemont 6<sup>th</sup> Grade Center*

This class taught students different types of line dances. It taught them teamwork and gave them a chance to just dance.

#### **4. Step Team**

*Submitted by Meadowbrook Middle School*

There is a large interest in "Step" at Meadowbrook. This group had the privilege to perform at most of the school's events.



## Games

### 1. Game On/Board Games

*Submitted by Leonard 6<sup>th</sup> Grade*

We were able to use popular television game shows such as LINGO, Who Wants to be a Millionaire, etc., to encourage teamwork.

### 2. Nintendo Wii Fit

*Submitted by McLean Middle School*

We obtained a Nintendo Wii, a Wii fit board, and sport's package. This activity helped students who don't necessarily like sports become more active.

### 3. Ping Pong

*Submitted by Leonard 6<sup>th</sup> Grade Center*

This class exposed students to sports and activities that traditionally are not offered at this level in school. This activity is good for students who enjoy competing but may not necessarily be athletes.

### 4. Video Game Center

*Submitted by Leonard Middle, Rosemont 6<sup>th</sup> Grade, Dunbar Middle School*

This class accommodated both boys' and girls' interests. Students were able to play competitive video games and use problem solving strategies and logic to defeat their opponent(s).



## Life Skills

### 1. Cooking

*Submitted by McLean Middle, Daggett Middle School*

This class exposed students to a variety of ethnic foods and information on nutrition. Besides allowing them to eat the finished product, they were able to take the ideas home and try them out for their families.

### Sweet Creations

*Submitted by Morningside Middle School*

This class focused on teaching students how to make creative desserts. It was our most popular class this year, so we ran it 3 times. Students got to eat and give away what they made. This class reinforced patience and goal setting.

### 2. Cosmetology

*Submitted by J. P. Elder Middle School*

The students learned make-up tips, hairstyling and how to do manicures. The class was a great hit with the students. It also attracted new students to the program.

### 3. Etiquette

*Submitted by Dunbar Middle School*

This class exposed students to a variety of courtesies and the proper way to eat various kinds of foods. The skills they learned were able to be used at home and other places.

### 4. Woodworking

*Submitted by Stripling Middle School*

In this class, students designed and built all sorts of items such as birdhouses, tables, shelves and even a boat. Students used academic skills to help with design and measurement, and they also had great fun in the construction of their projects.



## Physical Activity

### ***Fitness***

#### **1. Cheerleading**

*Submitted by Glencrest 6<sup>th</sup> Grade*

This was one of the largest classes for girls. It was another motivator for students to maintain good conduct. They learned structure, form, posture and cheers.

#### **2. Let's Get Physical-Body Building**

*Submitted by Leonard Middle School*

Both girls and boys participated in this class. Students were taught the correct way to lift weights and do bodybuilding activities with stamina and follow-up with warm down exercises. The class showed students how to engage in physical fitness/workout without causing injury or harm to their body.

#### **3. Morningside Milers Club**

*Submitted by Morningside Middle School*

We trained 10 students to run a 5k race at Southwestern Seminary in April. Teachers and friends donated money to buy each student a pair of custom fit running shoes from Luke's Locker. All students finished the race and 2 placed with trophies. This class has inspired people outside of FWAS to get involved, and we have seen an improvement in behavior by the students who participated.

#### **4. Weightlifting**

*Submitted by Meacham Middle School*

The students that attended this class not only grew in muscle mass but also in character as young gentlemen. They really respected and enjoyed working with Mr. Parada. He also taught them self-defense and sparring techniques.

### ***Sports***

#### **1. Basketball**

*Submitted by Wedgwood 6<sup>th</sup> Grade*

This class gave students an opportunity to become more active and play on teams for fun. They learned drills, skills and the importance of team work.

#### **2. Flag Football**

*Submitted by Wedgwood Middle School*

We got a brand new kit from FWISD and used it with the kids. We showed them all of the parts and taught them how to play Tag/Flag instead of tackle football.



### Physical Activity (con't)

#### 3. Get Moving

*Submitted by Handley Middle School*

This has been a great spring class. The students have been able to go outside and play non-traditional games such as softball, kickball, and Frisbee.

#### 4. Indoor Soccer

*Submitted by Riverside Middle School*

Students enjoyed playing on teams and competing against one another. It taught them sportsmanship, discipline, communication and teamwork.

#### 5. Intramural Sports/Sports of all Sorts/Sports Club

*Submitted by McLean 6<sup>th</sup> Grade, McLean Middle, Rosemont 6<sup>th</sup> Grade*

The students really enjoyed any indoor or outdoor physical activities or games. These games included basketball, kickball, tennis, soccer, volleyball, dodge ball and flag football. The interaction, cooperation and sense of competition were apparent.

#### 6. Soccer

*Submitted by Forest Oak Middle, Meadowbrook Middle, William James Middle, Daggett Middle, Wedgwood 6<sup>th</sup> Grade*

This activity appeals to our Hispanic students and has brought many into the program. These students saw soccer as a way to connect their cultural experiences to the school. It appeals to girls and boys alike.

### Technology

#### 1. Boat Regatta

*Submitted by Daggett Middle, Handley Middle School*

The class loved the thought of rowing down the Harbor. The students that worked on a boat last year returned to make another this year.

#### 2. Computer Applications

*Submitted by William James Middle, Monnig Middle School*

This was one of our students' favorite classes. They had fun while playing educational games, doing research and showing each other how to operate the computer and find interesting web sites.

#### 3. Flight Simulator

*Submitted by Meadowbrook Middle School*

Parents like the idea of having an activity that is educational and fun for their child. This class had great attendance and students enjoyed learning how to fly and land airplanes.

#### 4. LEGOs Building Lab

*Submitted by McLean 6<sup>th</sup> Grade*

This class allowed students to recreate pre-constructed models or use their creativity to make to build their own LEGO project.



### Youth Development

#### 1. **Compass and Team Building**

*Submitted by Wedgwood Middle School*

This class helped students gain team building skills while learning how to use a compass. Most of the kids had never been camping or to an outdoor camp or recreation center to learn these skills. The students also talked about their similarities and differences and how that affects their daily lives with each other.

#### 2. **JAY( Just About You) Club**

*Submitted by Leonard Middle School*

In this “club” students cooked, learned about food and nutrition and did arts and crafts projects. During these sessions, students explored topics such as peer pressure and making good choices. Students were allowed to eat their finished projects and take their arts and crafts projects home.

#### 3. **Queens and Kings in Training**

*Submitted by Kirkpatrick Middle School*

This is a character building class that encourages students to develop good life and interaction skills. We pulled boys and girls together to talk about all sorts of issues.

#### 4. **Sister to Sister**

*Submitted by Stripling Middle School*

This class is successful because the teacher has an honest passion to help the girls who come. She has a variety of activities that go on in the class such as journal writing, craft-making, cosmetics/hygiene, scrapbooking and discussions that relate to their lives.

#### 5. **Sisters With Virtue**

*Submitted by William James Middle School*

The girls in this class got an opportunity to truly help themselves and each other. They participated in weekly sessions that included issues such as self-esteem, health and nutrition and community. They were involved in canned food drives, toy drives for children at a local hospital as well as “evenings on the town.”

#### 6. **Sweets Elite**

*Submitted By Forest Oak Middle School*

This is sorority for our African American females that was very successful. Besides being a great “sisterhood,” the girls also had a step team.



### Academic Enrichment

#### 1. **Book Lovers' Anonymous**

*Submitted by Carter-Riverside High School*

This class incorporated reading enrichment in the after school program. It had great interest and was well attended.

#### 2. **Book Club**

*Submitted by Trimble Tech High School*

This class was created due to the students' interest in the book *Twilight*. It was one of the highest attended classes this spring.

#### 3. **Homework Help**

##### • **Cafeteria Center**

*Submitted by Diamond Hill High School*

Students were hanging around with nowhere to go in the mornings, and we had a fairly significant tardy problem first period. We felt that having this activity would provide an easy solution for both tardy students and those needing homework help. We also had other activities in the morning that the students could participate in.

##### • **Open Library**

*Submitted by Polytechnic High School*

We have a large population of students who, for various reasons, do not have access to computers nor a public library. Opening our library to our students after school and also offering homework help in the same location has allowed us to offer our students the tools they need to be successful at school.

#### 4. **Japanese Class**

*Submitted by Diamond Hill High School*

Our students have limited exposure to cultures outside their social group, and they asked for this club. We have a staff member who is willing and able to provide a Japanese culture and language class.

#### 5. **Plato Lab**

*Submitted by Eastern Hills High*

I am extremely proud of the effort we put into making this PLATO lab available to all students, and it has helped 8 students graduate on time!

### Fine Arts

#### 1. Computer Art

*Submitted by South Hills High School*

This class has been one the best classes we've had since the beginning of this year. It allows students freedom to explore the world of digital art media, from introductory cartoon drawing to advance digital image manipulation.

#### 2. Dance

*Submitted by Polytechnic High School*

Our Dance group incorporates different types of dance, from step to break dancing. Our students enjoy their many opportunities to perform for others.

#### 3. Jewelry Making

*Submitted by Paschal High School*

In this class, students were allowed to make beaded jewelry and hemp jewelry for themselves as well as gifts for others. In the brief time this class was offered, the attendance really grew.

### Games

#### 1. Game Lounge

*Submitted by Eastern Hills High School*

I was not an initial supporter of the game lounge because I was not sure what type of behavior it would promote, but it actually turned out to be quite positive. It gives the students that are "gamers" the opportunity to unwind and have fun over a great game. They are calm and well behaved while playing.

#### 2. Hang out Lounge

*Submitted by Paschal High School*

This class showed a gradual increase and constant participation. Here the students were allowed to play a variety of board games and card games as they built socialization skills with their fellow classmates. Many have built new friendships as they have competed.

#### 3. Student Lounge

*Submitted by South Hills High School*

This class gave students different ways to work on their social and cognitive skills. This class involved playing board games and video games and it gave the students time to relax.

### Life Skills

#### 1. Chocolate Factory

*Submitted by Carter-Riverside High School*

Students' interest in cooking prompted this class. Students regularly attended this class, and it drew some students back into our program which had dropped out for a while. Students used math and science concepts and discussed marketing strategies for the items they created.

#### 2. Cooking

*Submitted by International Newcomer Academy and Paschal High School*

Cooking class had a good turnout by both boys and girls. The obvious reason is that everyone likes to eat! The teacher chose simple recipes that could be completed within the limited time we had. At Paschal, they also made a cookbook that they could take home and share with their families.

#### 3. Photography Club

*Submitted by Diamond Hill High School*

Students are interested in a variety of activities to stimulate creativity. We did not have sufficient classes to meet all needs, and students expressed a desire to be part of a photography club. This club has been ongoing for several years, and is still popular!

### Physical Activity

#### 1. Kickball

*Submitted by International Newcomer Academy*

Kickball is very popular at INA because almost all students can be successful whether they are athletic or not. The students do not all have a PE class during the regular day so this activity provides an outlet for physical exercise.

#### 2. Weightlifting

*Submitted by Polytechnic High School and Eastern Hills High School*

Weightlifting became a part of our FWAS program at Poly when we noticed a high number of male students staying daily after school to lift weights on their own free time, even those who did not participate in any type of sport. At Eastern Hills, the weight lifting class allowed the weight room to be open to all students, not just the athletes, and it gave our program the opportunity to introduce physical activity to students that don't exercise.



## Youth Development

### 1. Leadership Skills

*Submitted by South Hills High School*

This club has leadership and volunteer activities focusing on services for the community and our school.

### 2. Teacher Mentoring

*Submitted by Carter-Riverside High School*

While not a true “class,” a new approach to track students progress in our program was attempted this semester. Each FWAS staff selected 5-7 students and kept up with them in regard to FWAS participation, grades, school attendance, TAKS testing effort, discipline, friends, etc.

## Incentives

### Backpacks

*Submitted by International Newcomer Academy*

This incentive worked well. Nice silver backpacks with the FWAS logo in white were given to students with perfect attendance for the last week of the spring program.



# High Schools

**Spring 2009**

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# Promising Practices

**Summer 2009**



## Academic Enrichment

### 1. Book Club

*Submitted by Lowery Road Elementary School*

All readers interpret stories differently. We wanted the students to read the same book individually and then discuss the book as a group and see how each would interpret it. Students were excited to discuss their different takes on the book. After reading the book, the students acted out their favorite part and created a crossword puzzle with vocabulary words from the book. We also watched the movie based on the book and then discussed the differences between the book and movie versions. Students were glad they were able take the books home to keep.

### 2. Critics Corner

*Submitted by D. McRae Elementary School*

In this class, students analyzed how the main characters in their books developed. They compared and contrasted how the main characters changed and /or stayed the same between the beginning and the end of the story. They also identified the ending to a book and then created different possible endings for it.

### 3. Making Science Fun

*Submitted by A. M. Pate Elementary, George C. Clarke Elementary, Sagamore Hill Elementary, Western Hills Elementary School*

We were provided with a Making Science Fun! Enrichment Pack for the summer. The students and staff planned science experiments to observe each week.

### 4. Spelling Challenge

*Submitted by Luella Merrett Elementary School*

The children looked forward to this activity each day. Group leaders came up with a system of cards and letters for the group to use to spell out words. This class had great group interaction, learning, and involvement. The children's spelling skills improved a good deal in a very short time.



### Fine Arts

#### 1. Arts and Crafts

*Submitted by Sunrise McMillan Elementary School*

This class allowed students to express themselves by creating dimensional art projects with various colors, mediums and textures. The students were able to produce art that required the use of measuring while incorporating elements of nature. Explicit instructions were evident through teacher modeling and active student engagement. Student work was displayed at the end of the summer session during a parent/student showcase.

*Submitted by Dolores Huerta Elementary School*

The children love doing arts and crafts. We made butterflies, puppy dogs, pillows, and many other things.

#### 2. Art Sticks

*Submitted by Greenbriar Elementary School*

In this class, the students painted and decorated paint sticks. They did a music number with the sticks they created and had so much fun! They asked if they could perform this act at next year's "Star Idol."

#### 3. Scrapbooking

*Submitted by Sunrise McMillan Elementary School*

This class allowed students to express themselves by using personal artifacts and art work to create scrapbooks. Through the use of various scrapbooking materials and display techniques, scrapbooks were proudly presented during our end of the summer showcase event.

#### 4. Summer Year Book-Scrapbooking

*Submitted by Luella Merrett Elementary School*

This class was exciting to all. The students thoroughly enjoyed designing many sheets for the Summer Scrapbook. The students were very creative and artistic.

#### 5. Wacky Science

*Submitted by D. McRae Elementary School*

In this class, students developed skills in art, recycling and science. Students created "recycling crayons" by putting old crayons in a saucepan and melting them and placing them in molds to form new ones. Another activity popular with students was the memo board. In this activity students wrapped cardboard with old fabric scraps of cut up clothes.



## Games

### 1. Cup Stacking

*Submitted by Greenbriar Elementary School*

The children really enjoyed this class. The teacher that taught this class made it a physical activity. The students were disappointed when it came time to end the class each day.

### 2. Fun Group Games

*Submitted by W. J. Turner Elementary School*

This class was very entertaining for the students. They became their own game pieces on a human game board.

### 3. Youth Development Class

*Submitted by Alice Contreras Elementary School*

Students rotated through different game centers including Wii, Playstation, listening to books and playing games with the teacher. The students loved the small group interaction with the teacher.



### Life Skills

#### 1. Book and Cook

*Submitted by Westcreek Elementary School*

This class was selected based on the high reviews from the spring semester. The class challenged the students' reading skills and allowed them to take food ideas from the story they read and prepare it.

#### 2. Cooking with Math

*Submitted by Manuel Jara Elementary School*

This practice helped students understand the role that reading, writing and math play in the cooking process. It also incorporated real-life, hands on applications. Recipes were chosen with simple directions that students could execute independently with minimal adult assistance.

#### 3. Fun with Food

*Submitted by A. M. Pate Elementary, Dolores Huerta Elementary, George C. Clarke Elementary, Greenbriar Elementary, Sagamore Hill Elementary, W. J. Turner Elementary School*

In this class, the students learned the importance of proper nutrition, measurement and healthy "No Bake" cooking recipes. The children truly enjoy making food. We made many things such as S'mores and Cheese Tacos. The class also learned about kitchen safety.

#### 4. Science Experiments With Delicious Results

*Submitted by D. McRae Elementary School*

In this class students learned concepts about cooking, measuring, depth perception, and intrinsic motivation. Students gained experience in cooking, self motivation, math and science concepts. They greatly enjoyed their final product.

#### 5. Gardening

*Submitted by Sunrise McMillan Elementary School*

This class showed students how Texas weather and water absorption affect plant development. The students were excited about selecting, planting and caring for various flowering plants and seeds. The parents, community and students were excited to see the hard work of the class. The students look forward to continuing the gardening class during the upcoming school year.

#### 6. Photography

*Submitted by Western Hills Elementary School*

In this class, students let their imagination run wild. Students showed their artistic side by taking pictures of things they liked, and then they created a story from the pictures they took.

#### 7. Sew Good

*Submitted by W. J. Turner Elementary School*

The students enjoyed this hands-on activity. They enjoyed showing off the items they made.



### Physical Activity

#### 1. Sports & Recreation

*Submitted by Dolores Huerta Elementary, East Handley Elementary, Luella Merrett Elementary, Westcreek Elementary School*

This class gave students the opportunity to exercise, develop teamwork skills and practice motor skills. The students enjoyed participating in group games, fun relays and a variety of sports.

#### 2. Summer Camp PE

*Submitted by Seminary Hills Park Elementary*

At the beginning of our 3-week camp, the students were put into two teams, Frogs and Mavericks. During all of the P.E. activities (Guard the Pin, Scooter Polo, etc.), the students stayed with their team. We kept score throughout the 2 weeks.

#### 3. Volleyball

*Submitted by Lowery Road Elementary School*

The students enjoyed learning volleyball skills that they could teach their siblings at home and could use to participate in a secondary level sport.

### Technology

#### 1. Computer Gaming

*Submitted by Western Hills Elementary School*

This class helped to increase the students' confidence in problem solving in math and science utilizing various computer games.

#### 2. LEGO - K'NEX

*Submitted by Westcreek Elementary School*

This class allowed students to use their math skills and creative thinking skills to build different kinds of roller coasters with LEGO and K'NEX building blocks.

### Youth Development

#### Girls Inc.

*Submitted by Manuel Jara Elementary School*

This class helped the girls learn the importance of teamwork, having a strong self esteem, healthy social skills and a well balanced diet.



### Field Trips

#### 1. American Culture & Cuisine – Log Cabin Village

*Submitted by East Handley Elementary*

The theme this summer was “America.” Participants researched European immigration as well as European, Mexican, and Native American contributions to the culture and cuisine of America. Touring the Log Cabin Village gave students a first-hand view into the struggles of early America.

#### 2. Bowling Field Trip

*Submitted by A. M. Pate Elementary, Seminary Hills Park Elementary School*

During our Summer Camp PE the students learned all about bowling. They learned bowling fundamentals and how to keep score. We went on a field trip to a bowling alley where the children had the opportunity to bowl on real bowling lanes and try out the skills they had learned. The students really enjoyed this as many had never been bowling before.

#### 3. Bowling-Trinity Railway Express – CiCi’s Pizza

*Submitted by George C. Clarke Elementary, Sagamore Hill Elementary School*

The field trips were related to the Summer School Curriculum, (Transportation, Bowling Fundamentals and Fun Cooking with Food!). The students were provided the opportunity to bowl, ride the Trinity Railway Express and eat at CiCi’s Pizza for the first time.

#### 4. Bureau of Engraving and Printing Western Currency Facility

*Submitted by Seminary Hills Park Elementary School*

The tour of the facility was quite interesting to students and adults. Prior to the trip the students researched the design, secrets and production of the One Dollar Bill. Students also designed and created their own currency. The cost of entrance and tour was FREE!!

#### 5. Tarrant County College

*Submitted by Manuel Jara Elementary School*

The students were able to tour the fire, police, and aviation academies at TCC NW campus. This field trip was chosen to help the students understand the importance of making good grades so they will be prepared to attend college.

#### 6. The Wizard of Oz

*Submitted by East Handley Elementary School*

This was an opportunity for participants to experience a professional live stage production and to practice proper behavior in a public environment. This also gave the children an opportunity to travel to Dallas which was a treat to many.



### Academic Enrichment

#### 1. Butterfly Habitat

*Submitted by Wedgwood Middle School*

All the students had the chance to observe the caterpillars make chrysalides and become butterflies. We anxiously waited for the butterflies to emerge out of their chrysalides. We would watch them for extended amounts of time. We were excited to see them come out and see their new bodies!

#### 2. Collaborating with Summer School/ Reading & Math Camps

*Submitted by Meadowbrook Middle School*

During our summer program we were able to involve students who needed to pass one test or one class in order to advance to the next grade. Because of this, we had a high enrollment and attendance.

#### 3. Future Film Critics of America

*Submitted by McLean 6<sup>th</sup> Grade Center*

This class allowed students to view, analyze and critique various movies of different genres. The students then had open discussions on what they liked/disliked about the movie and listen to their peers viewpoints.

#### 4. Math Class

*Submitted by Glencrest 6<sup>th</sup> Grade Center*

This class was held to reinforce 6th grade math TEKS and teach a few 7th grade math TEKS.

#### 5. Reading Class

*Submitted by Glencrest 6<sup>th</sup> Grade Center*

This was the Summer Reading program advocated by the Mayor of Fort Worth and the Fort Worth Library. The students were introduced to a new novel and enjoyed reading and discussing it together.

#### 6. Writing Composition

*Submitted by McLean 6<sup>th</sup> Grade Center*

The students wrote something different each week in their composition books, such as a story, bio-poems, advertisements, etc. Then they shared their writings with the rest of the class.

### Community Service

#### Community Car Wash

*Submitted by Meacham Middle School*

This was a rewarding activity that involved our program doing something good for the community. Parents and teachers donated the supplies. The car wash was free to the public and parents.



### Fine Arts

#### 1. Arts & Crafts

*Submitted by Monnig Middle, Glencrest 6<sup>th</sup> Grade, Rosemont 6<sup>th</sup> Grade Center*

This class allows the students to use their creativity and imaginations. It encourages them to participate in group activities and challenges them to see what they can come up with. They enjoy being able to take their creations home.

#### 2. Scrapbooking and Photography

*Submitted by Wedgwood 6<sup>th</sup> Grade Center*

In this class, the students learned how to take pictures and display them in a creative scrapbook they designed themselves using all types of paper, buttons, flowers, letters etc.

#### 3. Step

*Submitted by Wedgwood 6 Grade Center*

This class introduced the students other cultures and African American History. It developed the students' hand/eye coordination, taught them teamwork, and showed them how to follow directions.

### Games

#### 1. Board Games

*Submitted by Dunbar 6<sup>th</sup> Grade Center*

Students enjoyed playing board games. The class was fun and students got a chance to show their skills and talents by competing against each other.

#### 2. Board/Video Games Club and Computers

*Submitted by Rosemont 6<sup>th</sup> Grade Center*

During one class time slot, the students alternated every other day between the Games Club and Computers. Students fully participated and enjoyed this structure.

#### 3. Game On/Board Games

*Submitted by Leonard 6th Grade Center*

This class contributed to improved mental cognition and strategy building. It also helped to increase interest in the use of technology and game systems. We were able to use popular television game shows such as *LINGO* and *Who Wants to be a Millionaire* to encourage teamwork.

#### 4. Games

*Submitted by Kirkpatrick Middle School*

Students enjoyed playing Othello, Uno, Clue, Battleship, Scrabble, the Xbox and more.



### Life Skills

#### 1. **Cooking Fun**

*Submitted by Kirkpatrick Middle School*

The students and teachers enjoyed making and eating all of the fun snacks. It was a refreshing treat after playing in the gym.

#### 2. **Fast Time Foods (Cooking Class) and Nutrition Games**

*Submitted by Leonard Middle School*

In this class, students learned food and nutrition by studying the USDA Food Pyramid. They also played nutrition/food games and learned how to plan and prepare nutritious meals. The students enjoyed eating the meals they created the most!

#### 3. **Photography**

*Submitted by McLean Middle School*

The students in this class used 10 digital cameras that we received from the grant. We also were able to hire a certified journalism teacher who knows a great deal about photography. The kids went on a photo scavenger hunt and made a video. They brought props from home (i.e. dolls, stuffed animals, etc.) and created a movie around those props. They learned about editing and shooting different scenes. At the end of the program, they took a CD of their movie home with them.

#### 4. **Photography Field Trip**

*Submitted by Monnig Middle School*

This field trip showed the students the importance of learning how to take clear pictures of things in nature and how to download and use them on the computers. They were challenged to take the best photos possible and to complete a "checklist." The student with the best photos and most pictures won.

#### 5. **Snap Shots**

*Submitted by Leonard Middle School*

The students learned the evolution of cameras with large flash bulbs to the new era of digital. They learned the various parts of the camera using picture memorization, served as photographers of the summer camp activities and learned to print the pictures. They also learned to download the pictures into the computer to create slide shows and PowerPoint presentations. They even learned how to organize them into scrapbooks.



### Physical Activity

#### 1. **300 Workout**

*Submitted by Morningside Middle School*

300 Workout is a class that teaches boys the proper way to workout using weights. They were challenged to either tone up or gain muscle mass through their routine. The boys looked forward to class even though they knew it was not going to be easy. They were motivated.

#### 2. **Basketball**

*Submitted by Leonard 6th Grade Center*

Playing basketball was a casual way for the students to exercise, and it served as an opportunity for students to be on a team (socialization) and have healthy competition. This activity helped to build strength, speed and cardiovascular health.

#### 3. **Karate**

*Submitted by Leonard 6th Grade Center*

This class taught the students mental dexterity, coordination and awareness. It also helped develop conflict resolution skills and tolerance.

#### 4. **Sports Club**

*Submitted by Kirkpatrick Middle, McLean 6<sup>th</sup> Grade, Monnig Middle, Rosemont 6<sup>th</sup> Grade, Wedgwood Middle School*

In this class, the students participated in different sports and had to abide by the rules. It helped them stay in shape and helped them with hand-eye coordination. Most importantly, this class taught them sportsmanship and how to work with others.

#### 5. **Ultimate Frisbee**

*Submitted by Morningside Middle School*

Ultimate Frisbee taught the boys how to work as a team and challenged them to throw a Frisbee using different techniques taught by the teacher. Before this class, the boys did not know what this sport was or even how to throw a Frisbee. Now, the boys would like to develop their own team and compete against other schools.

#### 6. **Water Fun**

*Submitted by Meacham Middle School*

This activity was based around the idea of “cooling off” in the summer time heat! We set up water slides, inflatable pools, slip ‘n slides and more for the kids to play in during camp.

#### 7. **Yoga**

*Submitted by Morningside Middle School*

At first the girls were hesitant to try Yoga, but finally they began to challenge themselves to complete the yoga workout. The girls learned a new method of exercise and looked forward to it everyday. They even invited others to participate.



### Technology

#### 1. 1-2-3 Blast-Off!! (Rocket Building) and High Flyers (Kite Building)

*Submitted by Leonard Middle School*

Students learned about the history of rockets and kites, the science of the chemicals involved to ignite the rocket engines and the math for the dimensions of the kites. They enjoyed building the rockets and kites and flying them. They tested the kites for durability and learned how to measure their altitudes.

#### 2. Computer Class

*Submitted by Dunbar 6<sup>th</sup> Grade Center*

Students always wanted to attend computer class. They always asked to stay longer.

### Family Events

#### 1. Family BBQ

*Submitted by Meacham Middle School*

This event was a favorite of the summer. We had fun water rides, games, a DJ and yummy 4th of July foods and drinks for families and friends.

#### 2. Family Movie Day

*Submitted by Wedgwood 6<sup>th</sup> Grade Center*

Family movie day was a great way for parents and students to spend quality time together.

### Great Ideas

#### 1. Aligning with Summer School Schedule

*Submitted by Meadowbrook Middle School*

This allowed us to save money by using the school's busses for transportation. It also allowed more students to be a part of the Summer Program. We were able to have the services of the Campus Monitors as well.

#### 2. Multiple Activities Provided

*Submitted by Meadowbrook Middle School*

This allowed each instructor to have a smaller group of students (10-15), which allowed them to be more involved with their students each period.

#### 3. iPod Incentive

*Submitted by Wedgwood Middle School*

From the start of our two week program, we were low on our attendance numbers. We tried recruiting students during summer school by passing out flyers and donuts, but had no success. Then we announced having a drawing for an iPod for all the students who attended. Three more students attended the day of the drawing.



### Academic Enrichment

#### **Collaborating with Advanced Academics for PSAT/SAT Prep Classes**

*Submitted by Carter-Riverside High School*

The collaboration was successful last summer and we hoped to build on it this year. We targeted current FWAS students and those who participated last summer.

### Fine Arts

#### **1. Arts**

*Submitted by Trimble Tech High School*

The students enjoyed doing artwork, and the parents were proud of the work their children brought home. We also had a special guest, Mr. Campbell, that went to school with Michael Jackson and knew his family well. He showed the students pictures of young Michael Jackson and his family. The students even had the opportunity to draw their own pictures of Michael.

#### **2. Paint**

*Submitted by Paschal High School*

The students looked forward to painting everyday, and this class was well attended.

#### **3. Hip-Hop Dance**

*Submitted by Eastern Hills High School*

We had a young, energetic professional dancer teach this class this summer. The students looked forward to it everyday and came in pumped up and ready to go!

### Games

#### **1. Game Room for Break Time**

*Submitted by Carter-Riverside High School*

We provided this outlet last summer, and it was a huge success, so we offered again this year. The students enjoyed it greatly.

#### **2. Video Games**

*Submitted by International Newcomer Academy*

The students looked forward to trying their skills at Rock Band and Guitar Hero.



## Life Skills

### 1. Cooking

*Submitted by South Hills High School*

Four hours of history and cooking tended to keep our students involved.

### 2. Hair Braiding

*Submitted by Eastern Hills High School*

This summer we finally found a teacher that could teach our students braiding. Although the class was small due to the limited supplies, the students were eager to learn this skill.

## Physical Activity

### 1. Field Day

*Submitted by International Newcomer Academy*

We chose outdoor games (with water involved!) on the last day of our program. We played dodge ball by throwing big wet sponges dripping with water at the kids in the middle of the circle. Nobody ever wanted to be out, and they were very eager to get their hands on the sponges again to throw at their friends. This game was definitely a hit!

### 2. Open gym

*Submitted by Polytechnic High School*

This class allowed students to participate in sportsmanship skills and conditioning while practicing their basketball skills.

### 3. Soccer

*Submitted by South Hills High School*

This class had great participation by those who love to play soccer.

### 4. Tennis

*Submitted by Polytechnic High School*

During the school year, this activity had been limited to those on the school's tennis team. With the courts available this summer, we were able to add tennis as an activity for those in our program who wanted to learn how to play this fun sport.

### 5. Weight Lifting/Cardio Training

*Submitted by Carter-Riverside High, Eastern Hills High School*

The weight room/cardio training class really allowed the students to work out and get in shape. It also introduced physical activity to students that otherwise would not do any. It also gave "regular" school kids a chance to bond with some of our best "athletic students."



## Technology

### **Robotics**

*Submitted by South Hills High School*

This class helped students focus on the fundamentals of engineering while building their robots.

## Family Events

### **Picnic in the Park**

*Submitted by Paschal High School*

This was a well attended outing by both students and their parents.

## Field Trips

### **1. Olive Garden**

*Submitted by Trimble Tech High School*

The students enjoyed a field trip to the Olive Garden. Students learned information about how a restaurant is operated. They also learned about the Culinary Institute in Italy.

### **2. Zoo Field Trip**

*Submitted by Paschal High School*

Everyone enjoyed looking at and learning about the different animals. We had a good number of students attend.

## Great Ideas

### **Providing Breakfast**

*Submitted by International Newcomer Academy*

Out of our 68 students, about 50 of them ate breakfast, leading me to believe that they did not have breakfast at home. We may have provided important nutrition for these students that they would not have gotten otherwise. This also provided an added incentive for students to participate in our summer program.

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