

Emotional Wellness information series:

Hosted by: Western Hills Family Resource Center
8340 Mojave Trail, Fort Worth, Texas 76116 Building A

SEPTEMBER

Thursday September 26th, 1:30-2:30 p.m.

Turning negative emotions into more positive behaviors-learn how emotions impact behavior and gain tools and tips for managing at home & in the classroom.

OCTOBER

Thursday September 24th, 1:30-2:30 p.m.

Trauma: What are the different types of trauma and how do they affect children's learning and behaviors.

NOVEMBER

Thursday November 21st 1:30-2:30 p.m.

Tools & tips to help elementary students who have attention deficits in the classroom.

DECEMBER

Thursday December 5th 1:30-2:30 p.m.

Holidays and Sadness: Helping our children who deal with grief and loss.

Register: by calling 817.815.2880 or email patricia.benitez@fwisd.org with parent/guardian name, child's FWISD school and class(es) that you would like to attend.

Child care not provided.

