

Internet Safety for all Students

- 1) Avoid using personal information (full name, address, phone number, passwords, plans).
- 2) Always ask an adult if you're unsure of anything when you are online.
- 3) Don't sign up for sites that specify 13+ if you are not old enough (Facebook, YouTube, Instagram, etc.) There is a reason an age limit is set.
- 4) Don't add people as friends unless you know them in real life or have parent permission and NEVER arrange to meet an online friend without talking to a parent.
- 5) Remember that you cannot believe everything you read on the internet and you can't trust everything online friends tell you.
- 6) Choose sensible names for usernames and email addresses.
- 7) Talk to parents about what you're doing online and let them know when you're going on the internet.
- 8) Know what cyber bullying is (when someone picks on you, annoys, embarrasses, or threatens you over and over again using technology) and tell someone if you think it's happening to you.
- 9) Don't put anything online that you wouldn't want all your friends, family, teachers and future employers to see. **PROTECT YOUR DIGITAL FOOTPRINT.**
- 10) Treat others online the way you want to be treated.
- 11) Avoid inappropriate, offensive or illegal content:
 - a. Real or simulated violence
 - b. Illegal images of child sexual abuse
 - c. Sexually explicit content
 - d. Any content promoting hate based on race, religion or sexual preference
 - e. Any content instructing or promoting crime or violence
 - f. Any content promoting violent extremism
 - g. Any content that promotes unsafe behavior like taking drugs or harming oneself.