



Help Guide

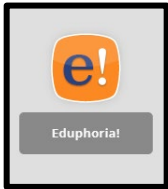
Eduphoria – Check FLEX Hours (Teachers)

Overview

The purpose of this Help Guide is to provide **direction** to check FLEX hours when logging into Eduphoria!

Step One

Login to **Eduphoria!** and select **Strive**



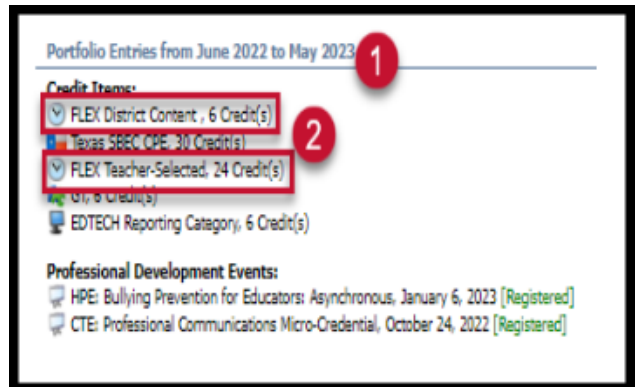
Step Two

Click **My Professional Learning, Portfolio**, then **My Portfolio**



Step Three

Scroll down to **Portfolio Entries from May 31, 2023 to June 2024**. Locate for **Credit Items**, then **FLEX District Content** and **FLEX Teacher-Selected**.



Step Four

Click on the **course title** to view **type of credit** that was awarded for the course.

