Meet Your School Counselors

Lauri Garcia
Lead Counselor
10th Grade Alpha A-N
Lauri.Garcia@fwisd.org

Lauri Garcia began her career in FWISD in 1995 after completing her Bachelor of Arts degree in History with teacher certification at UTA. She spent her first 16 years at Kirkpatrick Middle School teaching social studies and serving as the Instructional Specialist. She then came to Arlington Heights High School as the Data Analyst and Testing Coordinator. During this time, Mrs. Garcia attended Lamar University to earn her M.Ed. in School Counseling degree in 2014. Her first two years as a school counselor were spent at Diamond Hill High School. After that, she returned to Good Ole AHHS to continue her position as a Professional School Counselor. Mrs. Garcia is married and has one son, Matthew.

Janet Harrington
11th Grade Alpha A-N
Janet.Harrington@fwisd.org

Janet Harrington keeps moving south. She was born in Kansas where she lived until she graduated from high school. Attending Southwestern Oklahoma State University in Weatherford, OK where she earned a Bachelor’s Degree in Business Education was her next stop. After a brief detour into business and industry in Norman and Oklahoma City, Mrs. Harrington began teaching in Lawton, OK. She taught elementary school for 19 years (added a degree in elementary education) then taught high school business classes for 4 years. She attended East Central University and earned a Master’s in Education in School Counseling and was a high school counselor at Eisenhower High School for 10 years before moving to Fort Worth. This is Mrs. Harrington’s 3rd year at AHHS. She is married and has 2 sons. She loves to read and spend time with friends and family in her free time.
Angie Hesselbrock
11th Grade Alpha O – Z
12th Grade Alpha O – Z
Angela.Hesselbrock@fwisd.org

Mrs. Hesselbrock began her career in FWISD in 2004. She taught English Language Arts and Social Studies at George Clark Elementary and at Benbrook Elementary. She then became a school counselor working at Wedgwood 6th Grade and then at Benbrook Middle High School. This is her second year at AHHS.

Mrs. Hesselbrock graduated from TCU with both her undergraduate and her graduate degrees in counseling.

In her spare time she enjoys reading and listening to audio books, often with a coffee from Starbucks.

Salvador Loera
9th Grade Alpha O – Z
10th Grade Alpha O – Z
Salvador.Loera@Fwisd.org

Mr. Loera began his career in public education after completing his Bachelor of Arts degree in Modern Languages at the University of Texas at Arlington in 2010. He spent his first 5 years teaching Spanish I and AP Spanish Language and Culture at the middle school level in Eagle Mountain-Saginaw ISD. Upon earning his M.Ed. in School Counseling from Lamar University, Mr. Loera served as a school counselor in Irving ISD. After that, he joined the FWISD family where he has served as a Professional School Counselor for the past 4 years at South Hills High School.

Mr. Loera has one son, Zion, who will be a Freshman at Boswell High School.
Charlotte Parker  
Select 9th & 12th Grade  
Charlotte.Parker@fwisd.org  

Charlotte Parker hails from Central Florida, where she earned her undergraduate degree in Elementary Education from the University of Central Florida and a Master’s Degree in English Education from Nova Southeastern University. She later earned an Advanced Certificate in School Counseling from Dallas Baptist University. 

Charlotte is most proud of her family’s service to the public. Charlotte’s husband, Warren, is a veteran firefighter. He has worked for more than 26 years for the Dallas Fire-Rescue Department. Their daughter, Nia, is a Licensed Professional Counselor (LPC) and Family Therapist for Lena Pope in Fort Worth. She conducts family therapy with at-risk youths and their families when referred by Tarrant County Juvenile Probation officers. 

Charlotte began her career in public education as an elementary school teacher in 1997. After moving to Texas, she taught sixth-grade math, followed by Spanish 1 and AP Spanish Language & Culture at the middle school level in Mansfield ISD. She joined Fort Worth ISD to become a Professional School Counselor in 2012. She served 6 years at Eastern Hills High School and now 2 years at Arlington Heights High School.

Faith Royal  
12th Grade Alpha A – N  
Faith.Mccrone-Royal@fwisd.org  

Faith Royal’s love for kids led her to graduate from Spelman College with a B.A. in Psychology. After twelve glorious years as an elementary teacher she returned to school to obtain a M.Ed. with a specialization in School Counseling from Liberty University. Since 2013 she has had the pleasure of serving as a Professional School Counselor at Arlington Heights High School. 

Mrs. Royal has been married to Dr. A. McKinley Royal, Sr. since 1994 and they are the proud parents of Imani and Artis, II. When not working, Mrs. Royal enjoys all things family related, anything artistic, curling up with a good book, and much to her amazement, cooking.
Ms. Rustin is a counselor for Class of 2024 (A-N) at Arlington Heights High School. She has served the families of Fort Worth with FWISD for 19 years at Eastern Hills High School. Her roles included Data Clerk, English Teacher, Lead Content Teacher, School Manager, and Counselor.

Ms. Rustin pursued coursework at Southwestern University, East Texas Baptist University, Tarrant County College, and in 2006 earned her Bachelor of Arts in English and Education at University of Texas at Arlington. She earned a Master of Education in Professional School Counseling at Lamar University in 2012.

She is an avid traveler and reader. It is her love for the written word and lessons learned guiding her own three children (and now three grandchildren) through their educational journey that led her to serve in the public education system. She brings a solution focused perspective to provide all students the social, emotional, and academic support to achieve the lifetime gift of an excellent education.